

## **BLDE Association's**

A.V.S. AYURVEDA MAHAVIDYALAYA, HOSPITAL & RESEARCH CENTER, Vidya Nagar, Bagalkot Road, VIJAYAPURA – 586 109.

## **Department of Kriya shareera**

(Recognized by NCISM, Ministry of AYUSH New Delhi and Affiliated to Rajiv Gandhi University of Health Science, Karnataka, Bangalore)

## DESH KA PRAKRUTI PAREEKSHANA ABHIYAN

Honorable Prime Minister of India, Shri Narendra Modi Ji, along with the Union Minister of State (I/C), Shri Prataprao Jadhav, launched the nationwide campaign 'Desha Ka Prakruti Pareekshan Abhiyan' on 26th November 2024 under the NCISM, Ministry of Ayush, Government of India. This campaign aims to bring Ayurveda closer to every household by empowering citizens to understand their unique *Prakriti* and adopt personalized preventive health practices.

Our college's Department of Kriya Shareera is honoured to coordinate this initiative. This activity will significantly contribute to achieving the campaign's one-month target (26th November to 25th December 2024).

Date: 4/12/2024 and 5/12/2024

Name of College: BLDEA's VP Dr.PG Halkatti College of Engineering and Technology

Name of Event: DESH KA PRAKRUTI PAREEKSHANA ABHIYAN

**Theme of Event:** - Uniqueness of Ayurveda and adopting the personalised diet to prevent the lifestyle diseases.

Brief description: On 4th and 5th Dec 2024 the students of 1st Phase BAMS and faculty members of BLDEA's AVS Ayurveda Mahavidyalaya Hospital and Research Centre Vijayapur visited the: BLDEA's VP Dr. PG Halkatti College of

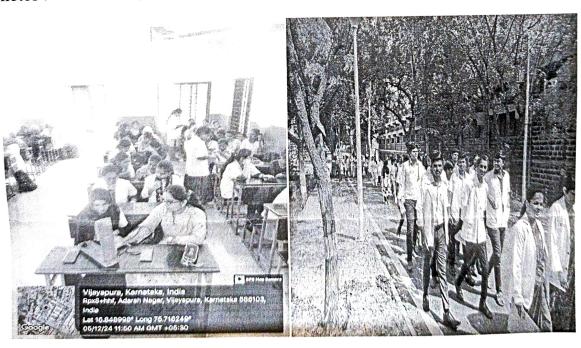
Engineering and Technology Vijayapur for "Desh Ka Prakruti Pareekshana Abhiyan".

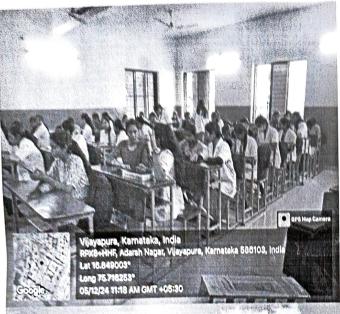
The faculty has conveyed the significance of this campaign to all students in different branches. The first-phase students evaluated the Prakruti of all students and suggested customized diet plans based on their Prakruti, as well as the importance of the Prakruti Certificate in the future.

Around 2000 students have assessed their Prakruti from different branches, received the Prakruti certificate, and received a personalised diet according to their Prakruti. Their diet is designed to prevent many lifestyle diseases, which brings them happiness.

We are grateful to the Principal Dr. V.G.Sangam Sir, IQAC coordinator Dr.Asif Iqbal Momin sir and all the brached HOD's, Professors and all the faculty members of BLDEA's VP Dr.PG Halkatti College of Engineering and Technology for their kind support and cooperation throughout the event.

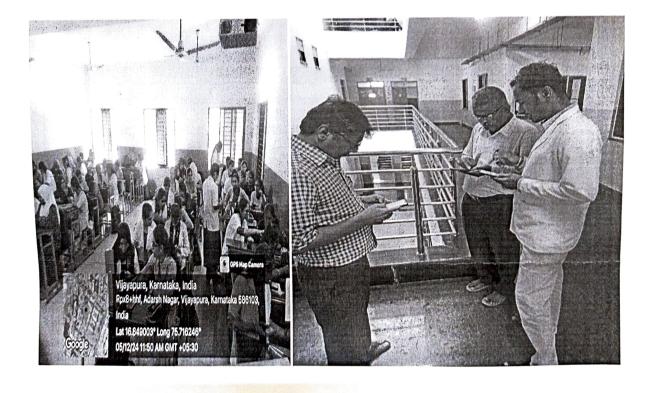
#### Photos:













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Ref. No.

828/2024-25

Date: 8/1/2025

To.

The Principal,

BLDEA's VP Dr. PG Halakatti College of Engineering

& Technology, Vijayapura.

Sub-Letter of Appreciation

### Respected Sir,

We are extremely grateful to you for your kind support in facilitating the successful conduction of the camp at your esteemed institution on the 4th and 5th of December 2024. This event was organized as part of the National Campaign 'Desha Ka Prakruti Pareekshana Abhiyan', launched by the Honorable Prime Minister of India, Shri Narendra Modi Ji, along with the Union Minister of State (I/C), Shri Prataprao Jadhav, on the 26th of November 2024, under the NCISM, Ministry of Ayush, Government of India.

We sincerely thank you for the facilities and cooperation extended by your institution, which greatly contributed to the successful execution of this initiative. We look forward to your continued support in the future for professional growth and development.

Thank you once again.

Yours truly,

PRINCIPAL
B.L D.E.A's
A.V.B Ayurveda Mahavidyalaya
VIJAYAPUR.

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